

# A Training Manual for Direct Care Staff

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#### Speed bumps On the Road to Sexual Satisfaction

- Early Notions
- Lack of Adequate and Accurate Information
- Myths and Misconceptions
- Inability to Communicate Effectively and Sexuality
- Situational Factors
- Prior Sexual Experience
- Goal Orientation

### Test Yourself

#### Speed bumps From the Perspective of Adults with Mental Retardation

- Early Notions
- Lack of Adequate and Accurate Information
- Myths and Misconceptions
- Lack of Effective Communication
- Prior Sexual Experiences
- Situational Factors
- Goal Orientation

### Overcoming The Speed bumps

- Early Notions
- Lack of Adequate and Accurate Information
- Myths and Misconceptions
- Lack of Effective Communication
- Prior Sexual Experiences

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