POSSABILITIES

Instructor’s Manual

Table of Contents

Introduction
To The Instructor
Materials and Protocols
Orientation

Lesson 1: Self-Esteem and Making Choices

Lesson 2: Feelings and Relationships

Lesson 3: Being With People

Lesson 4: Choices and Consequences

Lesson 5: Relationships Change

Lesson 6: Our Bodies and Caring For Them

Lesson 7: Sexual Relationships and How Babies Are Started (Or Not)

Lesson 8: Sexual Behavior, Laws and Rights

Lesson 9: PossAbilities

Lesson 10: Graduation

Appendix 1: Friendly Feud
Appendix 2: Questionnaires
Appendix 3: Glossary of Terms
Appendix 4: Resources
About The Authors