

Look 'n Cook Recipes

Breakfast

13

Fried Egg	15
Scrambled Eggs.....	16
Bacon.....	17
Instant Oatmeal.....	18
Pancakes.....	19
Waffles.....	20
French Toast	21

Lunch

23

Grilled Cheese Sandwich	25
English Muffin Pizza.....	26
Hard Boiled Egg.....	27
Egg Salad Sandwich.....	28
Peanut Butter and Jelly Sandwich.....	29
Tuna Salad Sandwich.....	30
Beef Stew.....	31
Spaghettios®.....	32
French Bread Pizza	33
Canned Soup (condensed).....	34
Canned Soup (non-condensed).....	35
Ham and Cheese Sandwich.....	36

Dinner

37

Macaroni and Cheese	39
Beans and Wieners.....	40
Hot Dogs	41
Cheese and Wiener Crescents.....	42
Cube Steak.....	43
Hamburgers	44
Sloppy Joes.....	45
Chili	46
Spaghetti.....	47
Spaghetti Sauce.....	48
Baked Ham	49
Fish Sticks.....	50



Pot Pie.....	51
Lean Cuisine® Dinner.....	52
Shake 'n Bake® Chicken.....	53
Shake 'n Bake® Pork Chops	54
Barbecue Chicken	55
Roast Chicken.....	56
Minute® Rice.....	57
Rice.....	58
Stove Top® Stuffing	59

Vegetables **61**

French Fries.....	63
Garden Salad	64
Corn on the Cob	65
Canned Mixed Vegetables	66
Frozen Broccoli.....	67
Baked Potatoes	68
Mashed Potatoes.....	69
Scalloped Potatoes	70
Cole Slaw	71
Baby Cut Carrots	72

Desserts **73**

Baked Apples	75
Instant Pudding.....	76
Jell-O®.....	77
Peach Shortcake	78
Chocolate Chip Cookies	79
Brownies.....	80
Fruit Cocktail.....	81

Beverages **83**

Iced Tea.....	85
Hot Tea	86
Hot Cocoa	87
Instant Coffee	88
Orange Juice.....	89
Lemonade	90

Notes, Tips Ideas and Variations **93**

Shopping Lists **98**
